

CHRIST REFORMED
UNITED CHURCH OF CHRIST

ADVANCE CARE PLANNING

September 20 @ 11:45am

RSVP to 301-371-6610 by 9/13

Advance Care Planning is making decisions about the type of care you would like if you were unable to speak for yourself. This class provides information and answers questions about how to deliberately think about and complete your advance care planning decisions. Having these plans in place can provide peace of mind, reduce stress for loved ones, and help ensure your wishes are honored. Do it for yourself and your family. Topics will include:

- Reflecting on your goals, values and beliefs
- having conversations about how these goals/choices should direct future medical care with those who will be making those decisions for you
- Creating the legal documentation that reflects these choices
- Providing this documentation to the necessary parties before a medical emergency occurs.